

# Transfiguration

Exodus 34:29-35

Psalms 99

2 Corinthians 3:12-4:2

Luke 9:28-36, (37-43a)



# Adelaide West Uniting Church

Acceptance, Hope and Transformation in Jesus

312 Sir Donald Bradman Drive

Brooklyn Park SA 5032

w [awuc.org.au](http://awuc.org.au)

e [office@awuc.org.au](mailto:office@awuc.org.au)

p 08 8234 1199

Office Hours

Mon - Thurs 9am - 3pm

**news  
of  
the  
church**

**7th February, 2016**

If you are new or visiting Adelaide West Uniting Church we are pleased you are here. A Welcome to Adelaide West information sheet is available in the foyer or from the stewards.

This week the season after Epiphany concludes as we learn from the transfiguration stories. We are invited to listen closely to Jesus and discover the freedom that the Holy Spirit brings.

Next week we begin the journey through Lent to Easter. Our theme for the whole season is "A life poured out." This invites us to pour out our lives, too, in ways consistent with the Kingdom of God. We will also pour out our lives by supporting five Lent Event projects. We will tell you more about them in subsequent newsletters. Lent Event also produces a bible study and daily prayer resources. These can be purchased in hard copy or simply downloaded from the Lent Event 2016 website. You may like to use these resources in your small group or for private study.

Just prior to the transfiguration story Jesus says, "If anyone would come after me, that person must pick up their cross and follow me." This is the journey through Lent and onwards as disciples.



Rod Dyson  
Lead Minister

Sunday Worship times:

|                      |         |
|----------------------|---------|
| creative traditional | 9.15am  |
| family worship       | 10.45am |
| youth & young adults | 5.00pm  |



Uniting Church. **Uniting People.**



Welcome to Worship,

Today we start the year of Kids' Space! We are so excited to see what is in store for us and what we will learn. Please pray for the team as they work with some new leaders.

Some of the children will move to new classes and will have different Surroundings. We thank the Lord for the

opportunities He will provide.

Just a reminder that we meet in the hall first.

Blessings, Lorraine

Children and Family Pastor.

Have you returned your contact details for 2016???????

A place to belong, learn to believe in & become like Jesus

Contact details and name badges.

The new year is well and truly underway and we have had a number of requests for new name badges. If you would like to order a new badge, please let the office know asap as an order will be done later this month.

Have your contact details changed in the last year?

Just a reminder to advise the office when your contact details change. These are strictly held in the office and only used for pastoral reasons, but makes it so much easier when our records are kept up to date.

New carpet installation

We are very excited that the new carpet is being "rolled out" over the next 2 weeks. The schedule will be flexible and there should be little to no disruption to any scheduled gatherings. Please avoid entering the main auditorium if you are here during the week as there will be workmen, tools and possible tripping hazards.

Aged Care Ministry

Do you have a heart for meeting people in an aged care setting? Our Church conducts worship services for residents in a number of Aged Care Facilities in our local area. If you would like to join our team of visitors on one Wednesday afternoon each month, please see Rod or Peter Whiting or advise the office.

## Shining Light updates

**Bike Training** - The first session of bike training is coming up in the AWUC car park from 2pm till 4pm today and the second session will be next Sunday 14<sup>th</sup> February 2pm – 4pm. You will learn/practice safe bike maneuvering, road laws and basic bike maintenance. Also a shared bike ride to a local café to practice safe cycling.

**Free Bikes Through Bikes for Refugees** - Bikes for Refugees have donated ten bikes for new arrivals or others with limited financial means intended for those undertaking the bike training. A cheap helmet and bike lock can also be organized through them. A free lock from the bike equipment pool may also be available.

**Shining Light Lent Challenge** – Set your own target for how you or perhaps your family will reduce car travel through Lent to reduce road congestion and pollution whilst improving your health by cycling or walking. Keep a log of the km of bike travel or walking you or your family do and report how you go once a week or at the end of the challenge to Uma. A social event following Easter will be organized as an opportunity to reflect on how we all went and the benefits as well as any hurdles.

**Equipment Pool** - Through the bike equipment pool we have six sets of bike lights, three bike baskets and two bike locks to give to Shining Light participants who can make good use of them and share a story on the Shining Light Face Book page. There is also a bike-maintenance and repair kit, chain lubricant and pump that can be borrowed.

Please speak to Uma after the 10:45am service re limited places available in the training, about the free bikes, to register for Lent challenge or about bike equipment.

Email [uma.preston@gmail.com](mailto:uma.preston@gmail.com)

*This project is sponsored by the Motor Accident Commission and the Department of Planning, Transport and Infrastructure's Community Grants funding.*

## Engage Youth News

Join us from 6pm for dinner (\$5), followed by games, worship, small groups and more!

John Harris  
Youth & Young Adults Pastor





## WHY I VALUE DELIVERING MEALS ON WHEELS

I deliver Meals on Wheels weekly on a Monday. Some volunteers offer fortnightly and some do it more often than I do. Why do I value this community service so highly? Well, let me share a few of experiences with you.

A few months ago I had two helpers with me (one a learner). When we got to one house they were a long time at the front door so I went over to enquire as to the problem. They were sure someone was in there but there was no response to their knocking. I went around to the back door. It was open so I entered to find our elderly lady lying on the hallway floor in great pain – a broken hip! We rang for an ambulance and contacted her family. Her daughter had visited only that morning. So how long might she have been left lying there had we not called?

A couple of months later we called at a house where the delightful old guy was often waiting in the front yard for us. Not today! And there were two newspapers on the front lawn! Very unusual! But we could raise no one. So Meals on Wheels contacted the family. Yes he was inside but was unable to move or even call out. Again, how long might he have been there had we not called and Meals on Wheels not had his family contact numbers?

I delivered meals on the first day back from the Christmas-New Year break. Four of those to whom we delivered meals that day were quite emotional in welcoming us back on duty. "I've been so hungry since Christmas" said one elderly man holding back tears. And that despite us having delivered enough frozen meals to cover the period! "I've so missed the desserts", said another elderly lady.

You know, for many we are the only people they see during the course of their day. "Caring for the wider community" is one of the aims of our Church. Is there a better way of achieving this than through Meals on Wheels? If you are interested speak to John Maddern, Pam Young, Pauline Lock or any other volunteer known to you.

John Maddern





## Small group dinners...(or lunch.)

Would you like  
to get to know  
others at AWUC?

Your dinner party  
could include youth,  
young adults,  
people from the  
9.15, 10.45, 5pm  
services, those new  
to the Church  
or visitors.  
(Up to about 8 people)

## Soon...

# Dinner at your place

### Dinners of Eight...

Register your interest. Your dinner date can  
be arranged to suit your preferences.  
Please email or phone to indicate your  
interest and leave your contact details.

AWUC: 8234 1199

[dinnerof8@awuc.org.au](mailto:dinnerof8@awuc.org.au)



**Adelaide West  
Uniting Church**

**Evening Fellowship** will re-commence on Wednesday February 10 at 7.30pm. Our speaker will be Dorothy Crosby from SIDS. We will enjoy a special supper of cake and coffee as this is our first meeting for the year.

**PASTORAL NOTES:** As previously mentioned in a 9.15 Service, Lorraine Wilson, following a couple of hospitalisations is now resident in the St. Louis Nursing Home in Parkside. For the benefit of new or younger members, the Cross in our church was made by Lorraine's late husband Wal, and Maurie Ralph. Also, Shirley Clegett wishes to be remembered to all her old friends at AWUC.

## What's on this week...

|                |   |
|----------------|---|
| Today          | Communion all services                          |
|                | 9:15am Rod Dyson                                |
|                | 10:45am Rod Dyson                               |
|                | 2:00 - 4:00pm Shining Light rider training      |
|                | 5:00pm John Harris                              |
| Monday 8th     | 6:30 - 8:00pm girls brigade AWUC hall           |
|                | 7:30pm Men's choir AWUC chapel                  |
| Tuesday 9th    | 9:30 - 11:30am Craft Group                      |
|                | 7:00pm prayer & fasting AWUC chapel             |
| Wednesday 10th | 7:30pm evening fellowship AWUC hall             |
| Thursday 11th  | 9:30 - 11:30am mainly music playgroup AWUC hall |
| Friday 12th    | 6:00 - 9:30pm Engage Youth AWUC                 |

## Next Sunday 14th February - 1st Sunday of Lent

|         |             |
|---------|-------------|
| 9:15am  | Rod Dyson   |
| 10:45am | Rod Dyson   |
| 5:00pm  | John Harris |

The newsletter for the next 2 weeks will be printed on Wednesday 10th February as I am taking a week's leave. Please make sure notices for Sunday 14th and Sunday 21st are emailed to the office before lunch on Wednesday 10th to be included.

Thanks.

Suzi

lead minister:

Rev Rod Dyson 0409 718 025  
minister@awuc.org.au

youth & young adults pastor:

John Harris john@awuc.org.au

children and family pastor:

Lorraine Schroder kidsspace@awuc.org.au

office & event coordinator:

Suzi Cousins office@awuc.org.au

AWUC personal name tags can be ordered from the office.

Costs are:

standard pin \$6.00;

dual pin and pocket clip \$7.00;

magnet \$9.00.